

SAGE KARMA KITCHEN

HISTORIC DOWNTOWN WILLOUGHBY
4051 ERIE STREET
WILLOUGHBY, OH 44094
(440) 946-2300
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Beginnings

PRETZEL STICKS ^V	9
served with vegan ranch/vegan buffalo cream cheese allergens: contains tree nuts	
SWEET POTATO FRITTERS ^{V GF}	11
fresh cilantro/pink Himalayan salt/remoulade	
CAULIFLOWER ^{V GF}	13
harissa roasted with date jam/pistachios allergens: contains tree nuts	
TOFU NUGS ^{V GF}	12
tempura battered tofu tossed in your choice of Karma-Q or buffalo served with celery and ranch allergens: contains tree nuts	
BRUSSEL SPROUTS ^{V GF}	10
fried and drizzled with a black pepper port reduction	
PEACE, LOVE AND MUNCHIES ^{V GF}	15
roasted garlic hummus/tortilla chips/nuts/olives/vegan chili cheese fries allergens: contains tree nuts	

Flatbreads

CHEESE ^{VA GF}	11
housemade marinara/ mozzarella cheese	
GO WITH THE FLOW ^{VA GF}	12
garlic oil base/ mozzarella cheese/ tomatoes/ basil/ balsamic reduction	
VEGGIE ^{VA GF}	12
red sauce/ zucchini/ mushrooms/ red onions/ bell peppers/ mozzarella cheese	
PARVATI ^{VA GF}	14
Garlic oil/ red pepper/ zucchini/ spinach/ caramelized onions/ mozzarella cheese drizzled with remoulade	

ALL FLATBREADS ARE VEGAN AVAILABLE

Our Commitment

Salads

HOUSE ^{V GF}	8
organic mixed greens/ cucumbers/ cherry tomato/ red onions	
CAESAR ^{V GF}	11
romaine/ grated parm/ crispy capers/ gluten free croutons allergens: contains tree nuts/ soy	
VITALITY ^{VA GF}	12
organic mixed greens/ cherry tomato/ bacon/ hardboiled egg/ red onion/ cucumber/ mozzarella/ choice of dressing	
KRISHNA SALAD ^{V GF}	13
organic spinach/ pistachios/ quinoa/ broccoli/ blueberries/ bell peppers/ vegan mozzarella/ zucchini/ balsamic vinaigrette	
ADD ON TO SALADS	
grass fed steak ^{GF}	12
faroe island salmon ^{GF}	12
organic chicken ^{GF}	9
black bean quinoa patty ^{V GF}	5
chickpea patty ^{V GF}	5
crispy tofu ^{V GF}	5
DRESSINGS	
BALSAMIC VINAIGRETTE/ OIL AND VINEGAR/ ZEN VINAIGRETTE	
VEGAN CAESAR - allergens: contains tree nuts/ soy	
VEGAN RANCH - allergens: contains tree nuts	

Soups

TOMATO BISQUE ^{V GF}	7
croutons/ vegan grated parm	
VEGAN CHILI ^{V GF}	7
vegan sour cream/ scallions	

Broth

BONE BROTH	6
VEGAN BROTH	5
highly nutritious/ rich in vitamins and nutrients/ said to help protect the joints/ beneficial to maintain good gut health	

Handhelds

SERVED WITH SWEET POTATO CHIPS. UPGRADE TO A SIDE \$3 • VEGAN MAC \$5	
CHICKPEA PATTY ^{V GFA}	12
lettuce/ tomato/ remoulade	
BLACK BEAN PATTY ^{VA}	12
lettuce/ onion/ smoked gouda/ salsa roja	
SAGE CHICKEN ^{GFA}	13
garlic sage aioli/ spinach/ tomatoes allergens: contains soy	
GRASS FED BURGER ^{GFA}	14
white american/ lettuce/ tomatoes/ onions/ pickles/ primo sauce	
SENIOR'S PSYCHEDELIC BURGER ^{GFA}	14
grass fed patty/ herbaceous mushrooms/ swiss	
SACRAL BURGER ^{GFA}	15
Karma-Q/ smoked gouda/ caramelized onions/ bacon	

Entrees

GRASS FED STRIP STEAK ^{GF DF}	27
crispy redskins/ vegetable of the day/ herb butter	
SALMON ^{GF DF}	24
crispy redskins/ vegetable of the day/ remoulade	
KETO CHICKEN TENDERS/ FRIES ^{GF DF}	14
Karma-Q/ ranch	
TOSTADOS ^{GF}	15
refried black beans/ salsa roja/ grilled chicken/ shredded lettuce/ onion/ cilantro/ side of vegan sour cream	
VEGAN TOSTADOS ^{V GF}	14
refried black beans/ salsa roja/ crispy tofu/ shredded lettuce/ onion/ cilantro/ side of vegan sour cream	

Sides

SWEET POTATO CHIPS	5	SPICED JASMINE RICE	5	FRENCH FRIES	5
CRISPY BRUSSEL SPROUTS	5	VEGAN GLUTEN FREE MAC	8	BROWN RICE	5
VEGETABLE OF THE DAY	5	MAC N CHEESE	5	QUINOA	5

Bowls

VEGAN MAC BOWL ^{V GF}	16
allergens: contains tree nuts	
TRADITIONAL MAC BOWL	15
KARMA BOWL ^{V GF}	13
brown rice/ cauliflower/ sweet potato/ mushrooms/ spinach/ flax	
CHAKRA BOWL ^{V GF}	14
caramelized onions/ zucchini/ red peppers/ cauliflower/ quinoa studded rice/ balsamic reduction	
THAI DYE BOWL ^{V GF}	15
spiced jasmine rice/ carrots/ zucchini/ peppers/ broccoli/ thai peanut sauce/ ground peanuts/ cilantro/ sriracha allergens: contains peanuts and soy	
ADD ON TO THE BOWLS	
grass fed steak ^{GF}	12
faroe island salmon ^{GF}	12
organic chicken ^{GF}	9
black bean quinoa patty ^{V GF}	5
chickpea patty ^{V GF}	5
crispy tofu ^{V GF}	5

Kids

CHICKEN TENDERS/ FRIES ^{GF DF}	8
MAC N CHEESE	8
VEGAN MAC N CHEESE ^{V GF}	10
NATURAL PEANUT BUTTER & JELLY ^{V GF}	8
allergens: contains peanuts	
FLATBREAD WITH CHEESE ^{GF}	8
VEGAN FLATBREAD WITH CHEESE ^{V GF}	11

Endings

ASK ABOUT TODAY'S CUPCAKE

AT SAGE KARMA KITCHEN WE ARE COMMITTED TO SERVING YOU WITH CLEAN EATING AND HEALTHY OPTIONS. YOUR MEAL IS PREPARED FRESH WHEN ORDERED USING ORGANIC FOOD AND PRODUCE FROM OUR SCRATCH KITCHEN.

SUB VEGAN CHEESE ON HANDHELDS FOR \$3 • SUB VEGAN CHEESE ON FLATBREADS FOR \$6 • GLUTEN FREE BUN \$3 • ADDITIONAL SAUCE CHARGE

V - VEGAN • VA - VEGAN AVAILABLE • GF - GLUTEN FREE • GFA - GLUTEN FREE AVAILABLE • DF - DAIRY FREE

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.